

MEASURING SUSTAINABLE DEVELOPMENT

APPLICATION OF THE GENUINE PROGRESS INDEX TO NOVA SCOTIA

Community Genuine Progress Index Central Halifax Survey

May 2004

Please read this

Dear Community Resident:

Thank you for taking part in this important project which will allow our community to learn much more about itself, and accurately measure our quality of life. The information you provide will help the community focus on things we can do together to improve our quality of life, to build a more prosperous, safer, and healthier community for our family and friends.

Your answers will help create a community information source for all of us, and help you and community groups working to bring improvement to this community. We call it the *Community Progress Index*. It will show if we are making progress or not towards a strong, caring and peaceful community, with decent jobs, and a healthy population. The information gathered will show us our strengths and weaknesses as a community, and help us all focus on where action is needed. Your careful, honest answers to the survey will help the community know where it stands now, and move into the future.

NOTE:

Once you've completed the survey, your answers will be kept confidential and anonymous. Your name will not be attached in any way to the answers, and only a summary of all the answers will be made available to the community. To assure this we have included a confidentiality agreement at the beginning of the survey.

Please fill out the survey carefully, your answers are important. When finished seal your completed survey in the envelope provided. It will be picked up by a survey worker on the date they indicate to you.

Note: This person is also willing to assist you in answering any questions that may be unclear or to help you fill out the whole questionnaire if you wish.

If you want help **please call Gail Wilson or Carolann Wright-Parks at 422-3685.** We are located the office of HRDA Enterprises, 5557 Cunard St. 2nd Fl.

Thank you very much for the generous and valuable contribution of your time and energy to our community.

Measuring Progress and Quality of Life In Our Community

Your view matters!

The time you take to answer this survey will help our neighborhood gain new knowledge about itself, and make a difference for our future as a healthy and prosperous community. As in all surveys, your answers represent other residents of the community, so please respond carefully and thoroughly to each question. It will help this community gain reliable information about itself for the benefit of us all.

Thank you for giving your time

NOTE: This survey is being conducted by workers who are community residents. The project is sponsored by HRDA Enterprises, an employer in this community since 1978, and GPI Atlantic, a non-profit community research group. The project is supported by community centres and groups throughout this neighborhood who thank you for your time and interest in our community. All your answers are confidential and anonymous.





AGREEMENT OF CONFIDENTIALITY

All information collected in this survey is completely confidential and anonymous. No names, addresses, or any other form of identification will be retained or attached to the final data in any form or given to any person or agency whatsoever. The results of the survey will only be summarized to provide information about the community as a whole, and will not be linked to individual answers in any way.

As soon as we verify that your survey is complete your name will be discarded, and when all are completed the entire list of participants will be destroyed. The data will be stored on a secure computer facility at Dalhousie University protected under the established ethical guidelines for privacy and confidentiality. The results of the survey- the data- will be used only for analysis under Direction of the project staff and sponsors, based on the information needs and questions of community residents and organizations in this central Halifax neighborhood. The neighborhood is defined as the area bounded by Cogswell to Agricola to North to Barrington (CANB area) exclusively.

Agreed:	
	(Participant signature)
	(Survey worker)
	Date
	(Project Director)

General information about yourself

(Please check appropriate box)

1. Sex:

2. Age:

1 Male 2 Female 1 16-19 2 20-24 3 25-34 4 35-49 5 50-64 6 65 +

3. Marital Status:

- ¹ Single
- ² Married or common law (includes same-sex partnerships)
- ³ Separated or Divorced
 - Widowed

4. Please list your <u>main activity</u>: $\frac{1}{2}$

- Employed
- ² Unemployed and seeking work
- ³ Student
- ⁴ Home maker 5 D (i + 1)
- Retired
- ⁶ Other (please specify)

5. Do you have children (do not include foster children)?

$\frac{1}{2}$ Yes

No \rightarrow Go to question 9

6. Check off the children's age :

	r	1		
Child	Age 0-5	Age 6-14	Age 15-17	Age 18 +
1	1a	16	1c	1d
2	2a	2b	2c	2d
3	3a	3b	3c	3d
4	4a	4b	4c	4d
5	5a	5b	5c	5d
6	6a	6b	6c	6d

- 7. Are any of the children <u>under 18</u> years old usually living with you? "Usually" means at least half the time.
 - $\begin{array}{ccc} 1 & \text{Yes} \\ 2 & \text{No} \rightarrow \text{Go to question 9} \end{array}$
- 8. If <u>you</u> are under 18, <u>don't</u> include yourself in this answer. Check correct answer for all other children living at <u>least</u> half time in your household (but <u>not</u> including foster children).

Child	Age 0-5	Age 6-14	Age 15-17
1	1a	1b	1c
2	2a	2b	2c
3	3a	3b	3c
4	4a	4b	4c
5	5a	5b	5c
6	6a	6b	6c

9. Who else lives with you in your household, and what is their <u>main</u> activity?

	Employed or self employed	<u>Un</u> employed – seeking work	Student	Home Maker	Retired	Social Assistance	Disabled
Spouse/partner	1a	1b	1c	1d	1e	1f	1g
Mother	2a	2b	2c	2d	2e	2f	2g
Father	3a	3b	3c	3d	3e	3f	3g
Foster child	4a	4b	4c	4d	4e	4f	4g
Foster child	5a	5b	5c	5d	5e	5f	5g
Roomate or other- NOT including children	ба	6b	60	6d	6e	6f	6g
Roomate or other NOT including children	7a	7b	7c	7d	7e	7f	7g
Roomate or other NOT including children	8a	8b	8c	8d	8e	8f	8g

10. Please indicate your <u>highest</u> level of education completed (check one only).

- ¹ Primary to Grade 8
- ² Grade 9 to 12
- ³ High school graduation
- ⁴ GED
- ⁵ Some Community college
- ⁶ College or trades diploma or certificate
- ⁷ Teachers college, Nursing school
- ⁸ Some University
- ⁹ University degree
- ¹⁰ Other (please specify)

11. Are you currently enrolled in a school, college, or university degree program, or will you be enrolled in this program in the coming term?

- $\frac{1}{2}$ Yes
- No → Go to question 14

12. Are you (or will you be in the coming term) enrolled full-time or part-time?

- ¹ Full-time?
- ² Part-time?

13. At what level are you currently (or to be in the next term) enrolled?

- ¹ Primary to Grade 8
- ² Grade 9 to 12 (or GED)
- ³ Community college/ trade school diploma or certificate program
- ⁴ University degree program

Employment and Underemployment

Work situation

Definitions:	
Employed:	People 16 years & over, who were working for pay.
Unemployed:	People 16 years & over who were not working for pay, but actively
	looking for paid work in the past 4 weeks.
Not in the labour force:	Not employed and not actively seeking work. (Includes retirees,
	students, full-time home-makers, disabled, and those who have given
	up looking for work).

14. During <u>last</u> week, were you? (see Definitions above)

- ¹ Employed or self employed (either full or part time)
- ² <u>Un</u>employed -seeking work \rightarrow Go to question 17
- ³ Not actively in the labour force \rightarrow Go to question 21

15. If you were working for pay last week, was your main work?

(check <u>all that apply</u>)

- ¹ Full time ($\underline{30}$ or more hours)
- ² Part-time (less than <u>30 hours</u>)
- ³ Casual or contract (includes <u>seasonal</u>)
- ⁴ Working for others
- ⁵ Self-employed

16. If you were working <u>part time</u> in your main job last week (less than 30 hours) was it because you: (check only one)

- ¹ Could not find full-time work?
- ² Did not want full-time work at this time?

17. If you are unemployed, are you mainly looking for:

- ¹ Full-time work
- ² Part-time work
- ³ Either

18. If you have been unemployed in the last 12 months, how many months total during that time have you been <u>unemployed?</u> Check only one.

- ¹ 1 month
- ² 2-3 months
- 3 4-6 months
- ⁴ 7-12 months
- ⁵ for more than 12 months

19. If you are currently unemployed, are you receiving employment insurance benefits?

- ¹ Yes
- ² No

Questions 20 to 22 apply to everyone NOT working for pay now. If you <u>are</u> currently working, go to <u>Question 23.</u>

20. Would you like to have a paying job at the present time?

- ¹ Yes
- ² No

21. For what reason do you NOT have a paying job? (you can check up to <u>3 reasons</u>)

- ¹ Work suitable for my skills is unavailable
- ² Lack necessary skills or qualifications
- ³ An illness or disability
- ⁴ Lack transportation to or from work
- ⁵ Unable to find good childcare
- ⁶ Caring for elderly relative(s)
- ⁷ Attending school
- ⁸ Prefer to stay at home with children
- ⁹ Spouse wants you to stay at home
- ¹⁰ Personal or family responsibilities
- ¹¹ Retired
- ¹² Gave up looking for work

22. If you want work, what do you think the chances are that you will find it in the next 6 months?

- ¹ Very likely
- ² Somewhat likely
- ³ Somewhat unlikely
- ⁴ Very unlikely
- ⁵ Don't know

Job Characteristics

Note: This section applies *only* to people *employed* or *self-employed* <u>this week</u> <u>or last week</u>.

If NOT please go to Question 40.

Definitions:

Demittons	
Full-time:	Worked 30 or more hours per week in your main job
Part -time:	Worked less than 30 hours per week in your main job
Casual:	Hours vary widely from week to week. Work when asked as the need arises, not
	on a prearranged schedule. (i.e. substitute teacher)
Contract or s	seasonal: Job has a predetermined end date, or will end as soon as a project is
	completed. Includes work through a temporary agency.

23. If your main job is <u>not</u> permanent, check reason. (Please check only the *one* answer that *best* describes your job.)

- ¹ Contract or Seasonal job
- ² Casual / on-call job
- ³ Self-employed (temporary situation) (*non-seasonal*)
- ⁴ long term temporary or term job (6 months or longer)
- ⁵ short term temporary or term job (*less than 6 months*)

24. How would you classify your work? (choose only one)

- ¹ Paid worker \rightarrow Go to question 26
- ² Self-employed without employees
- ³ Self-employed with employees
- ⁴ Unpaid work for family business (Go to question 40)

25. If you are <u>self-employed</u>, what is the MAIN reason? (Please check <u>one</u> only)

- ¹ No employment suitable for my skills is available
- ² Want to make more money
- ³ Enjoy independence
- ⁴ Flexible schedule
- ⁵ Creating something unique
- ⁶ Can work from home
- ⁷ Family business
- ⁸ Self-employment is normal for the work I do

26. At your main job, are you... (check all that apply)

- ¹ A union member?
- ² Covered by union contract or collective agreement?
- ³ None of the above?

27. Which of the following benefits do you have that are paid in part or full by your employer? (check all that apply)

- ¹ Pension plan or group RRSP (other than Canada Pension Plan)
- ² Health Plan (other than provincial Medicare)
- ³ Dental Plan
- ⁴ Paid Sick Leave
- ⁵ Paid Vacation Leave
- ⁶ Paid Educational Leave
- ⁷ Other Paid Personal Leave
- ⁸ None of the above

28. If you are entitled to Paid Vacation , how many weeks are you entitled to each year?

- ¹ <u>Not</u> entitled to paid vacation leave
- ² Less than 1 week
- 3 1 week
- ⁴ 2 weeks
- ⁵ 3 weeks
- ⁶ 4 weeks
- ⁷ 5 or more weeks
- ⁸ Don't know

29. As far as you know, how many people work for your employer at <u>all</u> locations:

- $\begin{array}{cccc} {}^{1} & 1 10 \\ {}^{2} & 11 20 \\ {}^{3} & 21 50 \\ {}^{4} & 51 100 \\ {}^{5} & 101 500 \\ {}^{6} & \text{Over } 500 \end{array}$
- ⁷ Don't know

Work Schedule

Questions 30-39 refer to <u>all those with paid work</u>, including self-employment.

30. Last week, did you have more than one job?

¹ Yes ² No \rightarrow Go to question 32

31. What is the main reason you worked at more than one job last week? (check one only):

- ¹ To meet regular household expenses
- ² To pay off debts
- ³ To buy something special
- ⁴ To save for the future
- ⁵ To gain experience
- ⁶ To build up a business
- ⁷ You enjoy the work of a second job
- ⁸ required to finish one job when other one started

32. How many hours per week do you *usually* work at:

- ¹ Your main job? _____ hours (please enter number)
- ² All other jobs? _____ hours (please enter number)

33. <u>Last week</u>, how many hours did you <u>actually</u> work at: (If you were on <u>vacation</u> last week, how many hours did you actually work in your last week before vacation)

¹ Your main job?	hours	(please enter number)
-----------------------------	-------	-----------------------

² All other jobs? _____ hours (please enter number)

34. At your main job do you have a flexible schedule to choose the time to begin and end your work day?

 1 Yes 2 No

35. Which of the following best describes your work schedule at your main job? *(Check one answer only).*

- ¹ A regular daytime schedule?
- ² A regular evening shift?
- ³ A regular night or graveyard shift?
- ⁴ A rotating shift (that changes from days to evenings)?
- ⁵ A split shift (consisting of two distinct periods of work each day)?
- ⁶ On-call / Casual
- ⁷ An irregular schedule

36. What is the main reason you work this schedule at your main job? *(Choose only one answer)*

- ¹ Earn more money
- ² Allow time to care for children
- ³ Allow time to care for other family members
- ⁴ Allow time for school
- ⁵ Requirements of the job/no choice
- ⁶ Preferred schedule

37. At your main job: In addition to your regular hours do you usually work over-time for compensation (either extra pay or time off)?

¹ Yes ² No

38. At your main job: what is the compensation rate for overtime work?

- ¹ No compensation
- ² Straight time
- ³ Time and a half
- ⁴ Double time
- ⁵ Time off
- ⁶ Choice of either money or time off
- **39.** At your main job: In addition to your regular schedule do you normally work overtime for which you do *not receive compensation*.
 - 1 Yes 2 No

Income and Livelihood Security

40. Income: Estimate your gross earnings (before taxes) from any <u>paid work</u> over the last 12 months including tips and commissions?

(Please answer this even if you don't have a paid job right now – just add up earnings from all jobs in last twelve months)

- ¹ Have not had any paid work in the last 12 months
- ² Less than \$5,000
- ³ \$ 5,000 to \$ 9,999
- ⁴ \$10,000 to \$14,999
- ⁵ \$15,000 to \$19,999
- ⁶ \$20,000 to \$24,999
- ⁷ \$25,000 to \$29,999
- ⁸ \$30,000 to \$34,999
- ⁹ \$35,000 to \$39,999
- ¹⁰ \$40,000 to \$44,999
- ¹¹ \$45,000 to \$49,999
- ¹² \$50,000 to \$54,999
- ¹³ \$55,000 to \$54,999
- ¹³ \$55,000 to \$59,999 ¹⁴ \$60,000 or more
- ¹⁴ \$60,000 or more

41. Household income: estimate the total income (before taxes) of all household members from <u>all</u> sources in the last 12 months?

(Include pay, EI, social assistance, other transfer payments, and all other sources of income).

1	Less than \$5,000
2	\$ 5,000 to \$ 9,999
3	\$10,000 to \$14,999
4	\$15,000 to \$19,999
5	\$20,000 to \$24,999
6	\$25,000 to \$29,999
7	\$30,000 to \$34,999
8	\$35,000 to \$39,999
9	\$40,000 to \$44,999
10	\$45,000 to \$49,999
11	\$50,000 to \$54,999
12	
13	\$55,000 to \$59,999
14	\$60,000 to \$69,999
15	\$70,000 to \$79,999
	\$80,000 or more

- 42. Thinking about the past 12 months, did you or your family ever run out of money to buy food?
 - ¹ Yes ² No
- 43. In the past 12 months, have you of your family received food from a food bank or other charitable agency?
 - $\begin{array}{ccc} {}^{1} & \text{Yes} \\ {}^{2} & \text{No} \end{array} \rightarrow \textbf{Go to question 48} \end{array}$

44. If you answered yes above, how often did you receive the food?

- ¹ Most days
- ² About once a week
- ³ About 2 to 4 times a month
- ⁴ Once every two or three months
- ⁵ Once or twice during the year

45. Which of the following best describes the food situation in your household?

- ¹ Always enough to eat
- ² Sometimes not enough food to eat
- ³ Often not enough food to eat

46. If you don't have paid work now, go to next question (#47). If you have paid work is it likely you will lose your <u>main</u> job or be laid off in the next year? Would you say it is...

- ¹ Very likely
- ² Somewhat likely
- ³ Somewhat unlikely
- ⁴ Very unlikely
- ⁵ Don't know

47. During last <u>five</u> years how often did you receive employment insurance benefits?

 $\begin{array}{cccc}
 ^{0} & 0 \\
 ^{1} & 1 \\
 ^{2} & 2 \\
 ^{3} & 3 \\
 ^{4} & 4 \\
 ^{5} & 5 \text{ or more} \\
 \end{array}$

Underemployment

The next Questions apply only to people who currently <u>have a paid job</u>, full or part time. If that doesn't apply to you, <u>Go to #55</u>.

48. At your main job: what is the USUAL or AVERAGE education requirement for your position?

- ¹ No Minimum
- ² Some High School
- ³ High School Diploma
- ⁴ Community College certificate
- ⁵ Trade Qualification
- ⁶ Private Training Institutions (for example -ITI)
- ⁷ University Degree

49. At your main job: What is the USUAL or AVERAGE <u>work experience</u> required for your position?

- ⁰ Don't know
- ¹ None required
- ² Less than 1 year
- ³ 1-2 years
- ⁴ 3-4 years
- ⁵ 5 years or more

The following questions apply to people who have taken education beyond high school – either a diploma, certificate or degree program. If you have not done formal education beyond high school, go to next section (#55).

50. How closely is your current job related to your level of education? Is it...

- ¹ Closely related
- ² Somewhat related
- ³ Not at all related

- 51. Would you rather have a job more closely related to your education, training and experience?
 - Yes
 No
 Don't know
- 52. Considering your education, training and experience, do you feel that you are overqualified for your current job?
 - Yes
 No
 Don't know
- 53. Considering your education, training and experience, do you feel that you have been <u>over-qualified</u> for most of your jobs in the last five years?
 - 1 Yes 2 No
 - No
 - ² Don't know
- 54. Do you feel that you are <u>under-qualified</u> for your current job(s)?
 - ¹ Yes ² No

Peace and Security

Crime Victim Survey

- 55. How many times have you been the victim of a crime or an attempted crime in the last <u>12 months</u>?
 - $\begin{array}{c}1 \\ \text{None}\\ \\2 \\ 1\\ \\3 \\ 2\\ \\4 \\ 3 \text{ or more}\end{array}$
- 56. How many times have you been the victim of a crime or an attempted crime in the past <u>3 years</u>?
 - None
 1
 1
 3
 2
 4
 3 or more

Definitions

Theft/Attempted Theft: Money or other personal property was taken, or attempt made to take it. **Motor vehicle theft/Attempted:** Theft or attempted theft of motor vehicle or parts.

Robbery/Attempted robbery: Theft or attempted theft with a face-to-face threat, an assault or a weapon.

Vandalism: damage to property or home

Break and Enter/Attempted: Illegal entry or attempted illegal entry into your residence or any other building on your property.

Sexual assault/ attempted: Unwanted sexual touching, fondling, attempted rape, or rape. **Assault/ attempted:** Face-to-face threat or physical attack with or without a weapon but neither theft nor attempted theft of property.

- 57. If you were a victim of a crime or attempted crime in the <u>past 12 months</u> answer this (if not please go to #59): give some details about what you feel were the 1 or 2 most serious crimes.
 - If you suffered from **several** incidents of one type (for example, three thefts under \$5,000), please state how many were reported to the police
 - Location: includes "Central Halifax" = Cogswell to Agricola to North to Barrington.

In Past 12 months

Nature of Crime or Attempted Crime	Number of Incidents	Were <u>Any</u> Reported to Police?	Location of most incidents (see definitions above)
Theft under \$5,000		^{1a} Yes ^{1b} No	 ^{1c} Home ^{1d} Within Central Halifax area ^{1e} Outside Central Halifax area
Theft over \$5,000		^{2a} Yes ^{2b} No	 ^{2c} Home ^{2d} Within Central Halifax area ^{2e} Outside Central Halifax area
Motor Vehicle (or vehicle parts) Theft		^{3a} Yes ^{3b} No	3 ^c Home ^{3d} Within Central Halifax area ^{3e} Outside Central Halifax area
Robbery- theft with a threat, assault, or weapon		^{4a} Yes ^{4b} No	 ^{4c} Home ^{4d} Within Central Halifax area ^{4e} Outside Central Halifax area
Vandalism – damage to property or home		5 ^a Yes 5 ^b No	5 ^c Home 5 ^d Within Central Halifax area 5 ^e Outside Central Halifax area
Break and enter of <u>home</u> while you were away from home		^{6a} Yes ^{6b} No	
Break and enter of <u>home</u> while you were AT home (home invasion)		^{7a} Yes ^{7b} No	
Sexual Assault		^{8a} Yes ^{8b} No	 ^{8c} Home ^{8d} Within Central Halifax area ^{8e} Outside Central Halifax area
Assault		^{9a} Yes ^{9b} No	 ^{9c} Home ^{9d} Within Central Halifax area ^{9e} Outside Central Halifax area

58. For these incidents in the last 12 months, did you receive assistance from any of the following programs, services or individuals?

Program, Service or Individual	Receive Help?
Police or RCMP Victim	^{1a} Yes
Assistance Volunteer Program	^{1b} No
Department of Justice Victim	^{2a} Yes
Services Division	^{2b} No
Sources Symmetry Network	^{3a} Yes
Seniors Support Network	^{3b} No
Local Volunteer Groups	^{4a} Yes
(Salvation Army, etc.)	^{4b} No
Naighbourg	^{5a} Yes
Neighbours	^{5b} No
Dalatima	^{6a} Yes
Relatives	^{6b} No
Friende	^{7a} Yes
Friends	^{7b} No

59. Other victims: In the past 12 months has anyone you know personally in our community (friend, neighbour, relative, acquaintance) been the victim of crime?

¹ Yes ² No \rightarrow Go to question 61

60. How many such incidents involving friends, relatives, acquaintances, etc. occurred?

How safe do you feel?

- 61. Compared to all other areas in Halifax, do you think our Central Halifax neighborhood has generally a higher amount of crime, about the same or a lower amount of crime?
 - ¹ Higher
 - ² About the same
 - ³ Lower

- 62. During the last 5 years, do you think that crime in our Central Halifax neighborhood has increased, decreased, or remained about the same?
 - ¹ Increased
 - ² Decreased
 - ³ About the same
 - ⁴ Don't know
- 63. How safe do you feel from crime walking ALONE in your area after dark? Do you feel...
 - ¹ Very safe
 - ² Reasonably safe
 - ³ Somewhat unsafe
 - ⁴ Very unsafe
- 64. When alone in your home in the evening or at night, how do you feel about your safety from crime?
 - ¹ Very worried
 - ² Somewhat worried
 - ³ Not worried

65. How worried are you about being victim of the following crimes?

Questions	Not at all worried	Not too worried	Somewhat worried	Very worried
a) I worry about being held up or mugged.	la	lb	lc	ld
b) I worry about being assaulted.	2a	2b	2c	2d
c) I worry about having my vehicle, residence or other property broken into.	3a	3b	3с	3d
d) I worry about having my vehicle, residence or other property vandalized.	4a	4b	4c	4d

66. How worried are you about members of your household?

Questions	Not at all	Not too	Somewhat	Very
Questions	worried	worried	worried	worried
a) I worry that a member of my household	5a	5b	5c	5d
may be the victim of a home break-in.				
b) may be the victim of a home invasion.	6a	6b	6c	6d
c) may be the victim of a violent crime	7a	7b	7c	7d
like assault or robbery.				
d) may be the victim of a sexual assault.	8a	8b	8c	8d
e) may be the victim of a property crime	9a	9b	9c	9d
like theft.				

67. In general, how safe do you feel in our Central Halifax neighborhood?

- ¹ Very safe
- ² Somewhat safe
- ³ Somewhat unsafe
- ⁴ Very unsafe

68. Have you ever had dealings with the Canadian Criminal courts? (Exclude family and traffic courts)

- 1 Yes 2 No
- 69. Please indicate any of the programs sponsored by your Police Department you have participated in.
 - ¹ Neighbourhood Watch
 - ² Block Parents
 - ³ Crime Stoppers
 - ⁴ Crime Prevention Talks to Groups
 - ⁵ Operation Identification
 - ⁶ Bicycle Safety Rodeos
 - ⁷ Other

70. How much contact do you have with your neighbours?

	Frequently	Sometimes	Hardly Ever	Never
a) I chat with my neighbours.	la	16	1c	1d
b) I help my neighbours.	2a	2b	2c	2d
c) I pay informal visits to my neighbours.	3a	3b	3c	3d
d) I have parties with my neighbours.	4a	4b	4c	4d

Attitudes and Issues

Your fair and honest opinion on these issues will be very helpful

71. Do you think our HRM Police are doing a good job, an average job, or a poor job of:

Check <u>one</u> answer only for each item below	Good Job	Average	Poor Job	No opinion
a) Enforcing the laws?	la	16	1c	- 1d
b) Promptly responding to calls?	2a	2b	2c	2d
c) Investigating and solving crime?	3a	3b	3c	3d
d) Being approachable and easy to talk to?	4a	4b	4c	4d
e) Supplying information to the public on	5a	5b	5c	5d
ways to prevent or reduce crime?				
f) Ensuring the safety of the citizens of your	6a	6b	6c	6d
area?				
g) Helping people with neighbourhood	7a	7b	7c	7d
problems?				
h) Being careful not to arrest innocent	8a	8b	8c	8d
people?				

72. Do you think our <u>Criminal Courts</u> are doing a good job, an average job, or a poor job of:

Check <u>one</u> answer only for each item below	Good job	Average	Poor Job	No opinion
a) Providing justice quickly?	la	16	lc	1d
b) Helping the victims of crime?	2a	2b	2c	2d
c) Determining whether the accused, or	3a	3b	3c	3d
person charged, is guilty or not?				
d) Ensuring a fair trial for the accused?	4a	4b	4c	4d

73. Do you think the Prison System is doing a good job, an average job, or a poor job of:

Check <u>one</u> answer only for each item below	Good job	Average	Poor Job	No opinion
a) Supervising and controlling prisoners while in prison?	la	1b	1c	1d
b) Helping prisoners become law-abiding citizens?	2a	2b	2c	2d

74. The responsibility of the <u>parole system</u> is to decide when prison inmates can serve part of their sentence in the community under supervision, and make sure the conditions of parole are being met. Do you think that the <u>Parole System</u> is now doing a good job, an average job or a poor job of:

Check <u>one</u> answer only for each item below	Good job	Average	Poor Job	No opinion
a) Releasing offenders who are not likely to	1a	1b	1c	1d
commit another crime?				
b) Supervising offenders on parole?	2a	2b	2c	2d

75. In your view, the following are big problems in our Central Halifax neighborhood :

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
a) Homes or other places being broken into.	la	1b	1c	1d	1e
b) Vandalism or property destruction.	2a	2b	2c	2d	2e
c) Fighting among different groups in the area.	3a	3b	3c	3d	3e
d) People hanging around on streets, in buildings, parks, etc.	4a	4b	4c	4d	4e
e) Noisy parties, quarrels, loud music.	5a	5b	5c	5d	5e
f) Increasing number of crimes involving young offenders.	6a	6b	60	6d	6e
g) Drug use and/or trafficking.	7a	7b	7c	7d	7e
h) Violence against spouses.	8a	8b	8c	8d	8e
i) Child abuse.	9a	9Ь	9c	9d	9e
j) Bullying.	10a	10b	10c	10d	10e
k) Under-age drinking.	11a	116	11c	11d	11e
1) Drinking and driving.	12a	12b	12c	12d	12e

76. I believe:

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
a)	The justice system is fair to everyone, regardless of income, age and race.	1a	1b	1c	1d	1e
b)	Young offenders are treated too harshly.	2a	2b	2c	2d	2e
c)	There is a lot of crime because sentences are not severe enough.	3a	3b	3с	3d	3e
d)	Community service should be used more as an alternative to prison.	4a	4b	4c	4d	4e
e)	The death penalty should be reintroduced for convictions of murder.	5a	5b	5c	5d	5e
f)	More and better youth programs would help reduce crime.	6a	6b	6c	6d	6e
g)	Friends and neighbours should settle their disputes out of court.	7a	7b	7c	7d	7e
h)	Gun control laws need to be tougher.	8a	8b	8c	8d	8e
i)	Police should more often press charges for spouse battering.	9a	9b	9c	9d	9e
j)	Marijuana should be legalized.	10a	10b	10c	10d	10e
k)	More resources should be put into fighting "white collar crime" (fraud, embezzlement, corporate crime etc.).	11a	11b	11c	11d	11e

Community Involvement and Volunteer Activity

The <u>true strength</u> of a Community can be seen in the level of community involvement and volunteer activity of the residents. People volunteer in many ways including:

- fund-raising
- being on committees
- campaigning
- organizing or supervising youth activities
- educating, teaching or coaching,
- counseling
- helping those in need
- doing repairs for those who need help
- protecting the environment
- volunteer administrative work
- helping with first aid, and so on.

77. In the past 12 months, did you do any volunteer (unpaid) work for a <u>group or</u> <u>organization?</u>

$$\begin{array}{ccc} {}^{1} & \text{Yes} \\ {}^{2} & \text{No} \end{array} \rightarrow \textbf{Go to Question 84} \end{array}$$

- 78. During the last week, how many <u>hours</u> did you spend volunteering for groups or organizations? (Include travel time, phone calling, preparation from home, etc.)
 - 1-3 hours
 2 4-5 hours
 3 6-8
 4 8 or more

79. In the past <u>12 months</u>, for what types of organizations did you volunteer?

- look through the list below *before* you answer, *then* check the activity that *best* describes the work of any organization you volunteered to help. Check *only one activity for each organization* you worked for.
- Also check the second column if you offered any of these services through a church group.

		Through Church Group?
a) Health	la	16
b) Education	2a	2b
c) Youth Development	3a	3b
d) Caregiving (care and support of those in need	d) $4a$	4b
e) Sports & Recreation	5a	5b
f) Law and Justice	6a	6b
g) Employment & Economic Interests	7a	7b
h) Arts & Culture	8a	8b
i) Environment & outdoors	9a	9b

- 80. If you volunteer for <u>sports</u> activities (coaching, referee, maintaining facilities, organizing team events, fundraising, etc), on average, how many hours each <u>week</u> do you volunteer for <u>such</u> activities:
 - ¹ 1-3 hours
 - ² 4-5 hours
 - ³ 6-8 hours
 - ⁴ 8 or more

81. If you did NOT do any volunteer work for an <u>organization</u>, what was the main reason: (check one answer only)

- ¹ Not enough time
- ² Health problems
- ³ Not interested
- ⁴ Not aware of need
- ⁵ Not asked
- ⁶ No group working in my area of interest

Personal volunteering: Some people help (unpaid) on their own, <u>not through an</u> <u>organization.</u> (helping a sick, elderly or disabled person with housework, shopping, etc., babysitting, mentoring, teaching or coaching a young person)

- 82. In the past 12 months did you give any unpaid voluntary help to others *-not* through any organization? (Include friends, neighbours and relatives, but *not* people in your own household.)
 - ¹ Yes
 ² No → go to next section, Question 84
- 83. During the last month, how many hours did you spend doing voluntary activity <u>on your</u> <u>own</u> (not through any organization)? (Include travel time, phone calling, preparation from home, etc.)
 - ¹ 1-3 hours
 - 2 4-5 hours
 - ³ 6-8 hours
 - ⁴ 8 or more

Health and Community

Personal Health and Well-being

84. Would you say your health is (check one):

- ¹ Excellent
- ² Very Good
- ³ Good
- ⁴ Fair
- ⁵ Poor

85. How tall are you without shoes on?

_____feet _____inches OR _____ centimetres

86. How much do you weigh?

. much ub you	i weigni.		
Pounds	0		
120 or less	1		
121-130	2		
131-140	3		
141-150	4		
151-160	5		
161-170	6		
171-180	7		
181-190	8		
191-200	9		
201-210	10		
211-220	11		
	12		
221-230	13		
231-240	14		
241-250	15	0 P	
250 or more	10	OR	kilograms

Questions 87 to 91 are for females. If you are male, please go to Question 92.

87. Have you ever had a mammogram (breast X-ray)?

- $\frac{1}{2}$ Yes
 - No → Go to Question 90

88. When was the last time you had a mammogram?

- ¹ Less than 6 months ago
- ² Six months to less than one year ago
- ³ One year to less than two years ago
- ⁴ Two or more years ago

89. For what reason did you have your last mammogram?

- ¹ Breast problem
- ² Routine check up (no particular problem)
- ³ Family history of breast cancer
- ⁴ Other (please specify)_____

90. Have you ever had a PAP smear test?

- ¹ Yes
- ² No

91. When was the last time you had a PAP smear test?

- ¹ Less than 6 months ago
- 2 Six months to less than one year ago
- 3 One year to less than three years ago
- ⁴ Three years to less than five years ago
- ⁵ Five or more years ago

Males and Females please answer the following questions.

92. Have you ever had your blood pressure taken?

 $\begin{array}{ccc} {}^{1} & Yes \\ {}^{2} & No \end{array} \rightarrow \textbf{Go to question 94}$

93. When was the last time you had your blood pressure taken?

- ¹ Less than 6 months ago
- 2 6 months to less than 1 year ago
- ³ 1 year to less than 2 years ago
- ⁴ 2 years to less than 5 years ago
- ⁵ 5 or more years ago

94. Does anyone in your household smoke regularly?

 $\frac{1}{2}$ Yes No

95. Does anyone in your household smoke regularly inside the house?

 $\begin{array}{c}1\\2\\\end{array}$ Yes No

96. At the present time, do you smoke cigarettes:

1	Daily	\rightarrow Go to question 98
2	Occasionally	\rightarrow Go to question 100
3	Not at all	

97. Have you ever smoked cigarettes?

 $\begin{array}{ccc} 1 & Yes \\ 2 & No \end{array} \rightarrow \textbf{Go to question 100}$

98. At what age did you begin to smoke cigarettes daily?

Age 9-12
 Age 13-15
 Age 16-18
 Age 19-22
 Over age 22
 Never daily

99. How many cigarettes do you smoke each day now?

- $\begin{array}{cccc}
 1 & 1-5 \\
 2 & 5-10 \\
 3 & 10 \text{ or more}
 \end{array}$
- 100. Sports and exercise: Have you done any sports or physical exercise in your leisure time (not related to work) in the past three months? (For example, swimming, bicycling, jogging, working out, exercise walking, dancing, basketball, hockey, other <u>active</u> sports, etc.)
 - ¹ Yes ² No
- 101. Estimate how often you participated in this leisure time physical activity in the past three months? (check one only)
 - ¹ At least once a day
 - ² About five times a week
 - ³ About three times a week
 - ⁴ About once a week
 - ⁵ About once every two weeks
 - ⁶ About once a month
 - ⁷ Once or twice in the last three months

102. About how much time, *on average*, did you usually spend on sports or physical exercise on each occasion? (Check one only)

- ¹ 1 to 15 minutes
- 2 16 to 30 minutes
- 3 31 to 60 minutes
- ⁴ More than one hour

Questions 103 through 107 are concerned with your <u>usual</u> conditions. They are <u>not</u> about activities or illnesses only affecting you for short periods of time.

103. Are you USUALLY free of pain or discomfort?

- ¹ Yes
- ² No
- 104. How would you describe the USUAL intensity of your pain or discomfort?
 - ¹ Mild
 - ² Moderate
 - ³ Severe
- 105. Do you have any long-term physical <u>disabilities (such as blindness, deafness, lack of use of limb,etc)</u> conditions that have lasted or are expected to last 6 months or more)?
 - ¹ Yes
 - ² No
- 106. Health conditions: The following applies only to chronic health conditions that have lasted or are expected to last 6 months or more, and have been *diagnosed by a health care professional*. Do you have: (Check all that apply to you)
 - ¹ Asthma
 - ² Arthritis or rheumatism
 - ³ Back problems, excluding arthritis
 - ⁴ High blood pressure
 - ⁵ Migraine headaches
 - ⁶ Chronic bronchitis or emphysema
 - ⁷ Diabetes

- ⁸ Epilepsy
- ⁹ Heart disease
- ¹⁰ Cancer
- ¹¹ Stomach or intestinal ulcers
- ¹² Effects of a stroke
- ¹³ Glaucoma
- ¹⁴ A thyroid condition
- ¹⁵ Sickle cell anemia
- 107. Because of a long-term health conditions (lasting 6 months or more), are you limited in the kind or amount of activity you can do at home, school, work, transportation or leisure?
 - ¹ Yes
 - ² No

108. Stress: Would you describe your life as...

- ¹ Very stressful?
- ² Somewhat stressful?
- ³ Not very stressful?
- ⁴ Not at all stressful?

109. With your life in general, would you say you are...

- ¹ Very satisfied?
- ² Somewhat satisfied?
- ³ Somewhat dissatisfied?
- ⁴ Very dissatisfied?

110. How much control do you feel you have in making decisions that affect your everyday activities?

- ¹ No control
- ² Control over few or some decisions
- ³ Control over most decisions
- ⁴ Control over all decisions

Personal use of health services

111. Please complete the following chart by putting a number in each box.

This one may be tricky, please read these instructions:

- Be sure to write a number <u>in every box</u>. If zero, write 0
- For example: if you went to the doctor last week, and it was the only time you went to a doctor during the past 12 months you would write "1" in every box <u>across</u> the first row. If you didn't go to a doctor at all during the year, you would write "0" in every box.
- Answer only for actions taken for your OWN health, and NOT that of your child or someone else.

	In the				
	Past	Past	Past 3	Past 6	Past 12
	Week	Month	Months	Months	Months
How many times have you seen or talked	la	1b	1c	1d	le
on the phone with a doctor?					
How many times have you seen or talked	2a	2b	2c	2d	2e
to an alternative health care provider (e.g.					
acupuncturist, homeopath, massage					
therapist, herbalist, spiritual healer, etc.)					
How many nights have you been a	3a	3b	3c	3d	3e
patient overnight in a hospital, nursing					
home or convalescent home?					
How many hospital outpatient and	4a	4b	4c	4d	4e
emergency room visits have you had?					

112. Do you <u>regularly</u> take <u>vitamins</u> to prevent illness or improve health?

- 1 Yes
- ² No

113. Do you <u>regularly</u> take herbs or other natural supplements to prevent illness or improve health?

- 1 Yes 2 No
- 114. Do you have someone in your life you can really count on to help you out in a crisis situation?
 - ¹ Yes
 - ² No

- 115. Do you have someone you can really count on to give you advice when you are making important personal decisions?
 - ¹ Yes ² No
- 116. Do you have someone who makes you feel loved and cared for?
 - ¹ Yes
 - ² No
- 117. Other than religious holidays or for work providing services (such as weddings, funerals or baptisms), how often did you attend religious/ spiritual services or meetings in the past 12 months? *(check one only)*
 - ¹ At least once a week
 - ² At least once a month
 - ³ At least 3 or 4 times a year
 - ⁴ At least once a year
 - ⁵ Not at all
- 118. In the past 12 months, how often did you have contact (in person, by phone, email or mail) with a close relatives who do not live with you? *(check one only)*
 - ¹ Don't have any, or all of them live with you
 - ² Every day
 - ³ At least once a week
 - ⁴ 2 or 3 times a month
 - ⁵ Once a month
 - ⁶ A few times a year (more below)
 - ⁷ Once a year
 - ⁸ Never

119. Do you have children aged 0 to 11 in your care (at least half time, include foster children)?

- ¹ Yes
- ² No \rightarrow please go to question 124

120. Would you say the child's health is:

(Start with youngest child in your care. If you have more than five children in your care, please add columns or rows.)

	Child 1	Child 2	Child 3	Child 4	Child 5
Excellent	1a	2a	3a	4a	5a
Very good	1b	2b	3b	4b	5b
Good	1c	2c	3с	4c	5c
Fair	1d	2d	3d	4d	5d
Poor	le	2e	3e	4e	5e

121. How tall is your child without shoes on?

	Feet and Inches	OR	Centimetres
Child 1			
Child 2			
Child 3			
Child 4			
Child 5			

122. How much does your child weigh?

	Pounds	OR	Kilograms
Child 1			
Child 2			
Child 3			
Child 4			
Child 5			

123. Health conditions: Do children in your care have any of the following long-term conditions which lasted or are expected to last at least 6 months and have been *diagnosed by a health care professional?*

	Child 1	Child 2	Child 3	Child 4	Child 5
Asthma	la	2a	3a	4a	5a
Food allergies	1b	2b	3b	4b	5b
Other allergies	1c	2c	3c	4c	5c
Bronchitis	1d	2d	3d	4d	5d
Diabetes	le	2e	3e	4e	5e
A heart condition or disease	lf	2f	3f	4f	5f
Epilepsy	lg	2g	3g	4g	5g
Cerebral palsy	lh	2h	3h	4h	5h
Kidney conditions or disease	li	21	3i	4i	5i
A mental handicap	1j	2j	Зј	4j	5j
A learning disability	1k	2k	3k	4k	5k
An emotional, psychological or	11	21	31	41	51
nervous condition					
Sickle cell anemia	1m	2m	3m	4m	5m

Personal Values

- 124. On a scale of 1 to 10, please indicate the importance you give to the following life principles:
 - 1 is "<u>not</u> important at all"
 - 10 is "extremely important")

	Not	importa	nt at al.	l				Extre	mely imp	portant
	1	2	3	4	5	6	7	8	9	10
Family Life	la	16	lc	ld	le	lf	lg	lh	li	lj
Friends	2a	2b	2c	2d	2e	2f	2g	2h	2i	2j
Generosity	3a	3b	3c	3d	3e	3f	3g	3h	3i	3ј
Spiritual life	4a	4b	4c	4d	4e	4f	4g	4h	4i	4j
Material comfort	5a	5b	5c	5d	5e	5f	5g	5h	5i	5j
Financial	6a	6b	6c	6d	6e	6f	6g	6h	6i	6j
security	7a	7b	7c	7d	7e	7f	7g	7h	7i	7i
Career Success							•			, e
Pleasure/play	8a	8b	8c	8d	8e	8f	8g	8h	8i	8j
Freedom	9a	9b	9c	9d	9e	9f	9g	9h	9i	9j

I would be much more satisfied with my life if: 125.

		Strongly Disagree	Disagree	Neutral/ Uncertain	Agree	Strongly Agree
a)	I were able to spend more time with my family and friends	la	1b	1 c	1d	1e
b)	There was less stress in my life	2a	2b	2c	2d	2e
c)	I felt like I was doing more to help my community	3a	3b	3c	3d	3e
d)	I had more money to spend on things I want	4a	4b	4c	4d	4e
e)	I had more things I want	5a	5b	5c	5d	5e
f)	I were more financially secure	6a	6b	6c	6d	6e

126. **Compared to my parents:**

	Strongly Disagree	Disagree	Neutral/ Uncertain	Agree	Strongly Agree
a) I have more possessions	1a	1b	1c	1d	le
b) I am more financially secure	2a	2b	2c	2d	2e
c) I am more successful in my	3a	3b	3c	3d	3e
career					
d) I am happier	4a	4b	4c	4d	4e
e) I am more involved in my	5a	5b	5c	5d	5e
community					
f) I have a better quality of life	6a	6b	6c	6d	6e

Our Environment

How we go to work, use energy and other resources creates our Ecological Footprint, its our impact on the natural environment.

How far do you travel to get from home to all your workplaces and back? How far 127. do you travel to school or training site and back?

(List kilometers. If you use miles, cross out "km" and write "miles".)

Kilometres Travelled to and from	Kilometres Travelled to and from		
all your Workplaces in total	School or Training		
kms	kms		

128. Please estimate the total number of hours <u>usually</u> spent per week using each mode of transportation for any purpose. (List hours. If you have more than one car, list hours spent in each car in (a) and (b).)

	Vehicle Type	Hours
a)	Car / van / truck (1)	
b)	Car / van / truck (2)	
c)	School bus	
d)	Public Transit	
e)	Taxi	
f)	Motorcycle	
g)	Bicycle	
h)	Walk	

129. Please indicate the average temperature you keep your home during the winter heating season. And please circle Celsius(C) or Farenheit (F).

Daytime: (during work hours)	°C/F	Evening:	°C/F	Night:	°C/F

Final Question

130. In your opinion, what is the <u>single most important thing</u> that would improve the quality of life for all residents of this neighborhood?

Your answer: